Carbon Lehigh Intermediate Unit #21

Family Reference Guide A Guide to Transition Services



2024-2025 Edition Future Planning Independent Living Employment Self-Advocacy

TRANSITION RESOURCES

CLIU #21 Transition Resources Google Drive tinyurl.com/CLIU-resources



PA Secondary Transition PASecondaryTransition.com

The Pennsylvania Community on Transition is a group comprised of various stakeholders from across Pennsylvania who work collaboratively to ensure appropriate transition outcomes for Pennsylvania youth and young adults with disabilities. The team consists of representatives from the State Departments of Education, Health, Labor and Industry, and Human Services; Various Youth-Serving Agencies; Young Adults; Parent Organizations; Advocates; Higher Education; and Employers.

The PA Secondary Transition website will be continually updated with the latest transition events and resources for youth, young adults, parents, and professionals to assist in facilitating a young person's progress towards post-secondary goals related to education, employment, and community living.

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CARBON LEHIGH TRANSITION COORDINATING COUNCIL

What is the Carbon Lehigh Transition Coordinating Council (CLTCC)?

The mission of CLTCC is to promote effective transition services for students with disabilities, their families, educators, and community service providers from school to adult community life.

Who Serves on the Local TCC?

It is comprised of parents, representatives from agencies and employers, and educators from the Intermediate Unit, School Districts, Vocational, Technical and Special Education, and Higher Education.

Who do I contact to become a member of the CLTCC?

To become a member of the Carbon Lehigh Transition Coordinating Council, please contact:

Kendyle Mills, Training and Consultation Staff Carbon Lehigh Intermediate Unit #21 <u>millsk1@cliu.org</u> (610) 769-4111 ext. 1096

We welcome your participation in the Carbon Lehigh Transition Coordinating Council Meetings:

Thursday, December 12, 2024 (Zoom) 9:00 a.m. - 11:00 a.m.

Thursday, February 6, 2025 (Zoom) 9:00 a.m. - 11:00 a.m.

Thursday, April 10, 2025 (Zoom) 9:00 a.m. - 11:00 a.m.

Zoom Link - https://cliu-org.zoom.us/j/94775221573



Pennsylvania Yellow Dot Program

The Pennsylvania Yellow Dot Program assists citizens in the "golden hour" of emergency care following a traffic accident when they may not be able to communicate their needs themselves. Placing a Yellow Dot decal in your vehicle's rear window alerts first responders to check your glove compartment for vital information to ensure you receive the medical attention you need. The program is a cooperative effort between PennDOT, the Department of Health and Aging, the State Police, the Turnpike Commission, first responders and local law enforcement.

YellowDot.pa.gov

TRANSITION CHECKLIST

The following is a checklist of transition activities that you and your child may wish to consider when preparing transition plans with the IEP team. Your child's skills and interests will determine which items on the checklist are relevant. Use this checklist to ask yourself whether or not these transition issues should be addressed at IEP transition meetings. The checklist can also help identify who should be part of the IEP transition team. Responsibility for carrying out the specific transition activities should be determined at the IEP transition meetings.

Two	to Three Years Before Leaving the School District
	Identify community support services and programs (Vocational Rehabilitation, County Services, Centers for Independent Living, etc.).
	Invite adult service providers, peers, and others to the IEP transition meeting.
	Match career interests and skills with vocational course work and community work experiences.
	Gather more information on post-secondary programs and the support services offered, and make arrangements for accommodations to take college entrance exams.
	Identify health care providers and become informed about sexuality and family planning issues.
	Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).
	Learn and practice appropriate interpersonal, communication, and social skills for different settings (employment, school, recreation, with peers, etc.).
	Explore legal status with regards to decision-making prior to age of majority.
	Begin a resume and update periodically.
	Practice independent living skills, e.g., budgeting, shopping, cooking, and housekeeping.
	Identify needed personal assistant services and, if appropriate, learn to direct and manage these services.



One Year Before Leaving the School District

Apply for supportive service programs. (Supplemental Security Income, Independent Living Services, Vocational Rehabilitation, and Personal Assistant Services).
Identify the post-secondary school you plan to attend and contact their disability service office.
Practice effective communication by developing interview skills, asking for help, and identifying necessary accommodations at post-secondary and work environments.
Specify desired job and obtain paid employment with supports, if appropriate.
Take responsibility for arriving on time to work, appointments, and social activities.
Assume responsibility for health care needs (making appointments, filling and taking prescriptions, etc.).
Register to vote votespa.com.
Register for Selective Service (males only) <u>sss.gov</u> .
Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).

PARENT/STUDENT CHECKLIST

Getting Ready to Graduate or Leave School

The most important area to consider when your child is leaving school is finding the right agencies. The following questions will help you to research critical information:

- What populations does the educational facility/agency serve?
- What services are provided?
- How are the services accessed?
- What are the eligibility or admission requirements?
- Are there specialized programs or services?
- What are the family costs for the services?

To prepare for the transition from school to adult life, the young adult will need the following:

A social security number

Draft Registration is required for males when they reach their eighteenth birthday. Contact your local post office.

The Office of Social Security Insurance Benefits application is available to children and adults with serious disabilities. Call 1 (800) 772-1213 for the **SOCIAL SECURITY ADMINISTRATION OFFICE** (ssa.gov)

Registration with the OFFICE OF MENTAL HEALTH/ INTELLECTUAL DISABILITIES/DEVELOPMENTAL PROGRAMS (ID/DP) (ODP)

- To begin the enrollment process:
- (610) 782-3200 (Lehigh County) https://tinyurl.com/Lehigh-County
- (610) 377-0773 (Carbon County) cmpmhds.org
- Fill out a PUNS (Prioritization of Urgency of Needs for Services) form once your child is enrolled.

WORK INCENTIVES PLANNING AND ASSISTANCE PROGRAM AND SOCIAL SECURITY WORK INCENTIVES <u>disabilityrightspa.org</u>

PENNSYLVANIA BUREAU OF AUTISM

- <u>https://tinyurl.com/PA-Bureau-of-Autism</u>
- Adult Autism Waiver, Adult Community Autism Program (ACAP), BAS Adult Programs Overview and how to contact the Bureau of Autism Services.

SUPPORTS COORDINATION SERVICES (IDD)

- SAM Inc. <u>sam-inc.org</u> (610) 419-9102
- Quality Progressions <u>qualityprogressions.org</u> (610) 691-0215
- Expert Community Care Mgt. (ECCM) expert@eccm.org (570) 990-5060

OFFICE OF VOCATIONAL REHABILITATION (OVR) (dli.state.pa.us/)

- PA Department of Labor & Industry Office of Vocational Rehabilitation, 45 N. 4th Street, Allentown, PA 18102 (610) 821-6441 1 (800) 922-9536
- Transition Supervisor
 Cherrell Gaynor, cgaynor@pa.gov

• Transition Counselors and School Districts Served:

Samantha Catania, scatania@pa.gov

Catasauqua	Lehighton	Whitehall-Coplay
CCTI	Northwestern Lehigh	
CLAS	Palmerton	
Jim Thorpe Area	Panther valley	
LLAS	Weatherly	

Cherrell Gaynor, cgaynor@pa.gov

ALAS
Allentown
Building 21 HS
Catasauqua Area
Centennial School
Emmaus HS
Executive Education

Innovative Arts Academy LVCA Louis E. Dieruff HS Northern Lehigh HS Roberto Clemente William Allen HS

Kaity Carlson, kaicarlson@pa.gov

LCTI Parkland Salisbury Township Southern Lehigh

- Early Reach Coordinator Kaitlynn Tretter, katretter@pa.gov (484) 634-2204
- Allentown Transition Resource Account RA-LIOVR-ATOWN-TRANS@pa.gov

Workshop Availabilities:

- What is OVR?
- Self-Awareness: It's all about you!
- Self-Advocacy: Getting what you need, how you need it.
- Living, Working and Playing Independently
- Communication in the Workplace
- Applications, Resumes & Interviewing

- Working as Part of a Team
- Professionalism
- Career Exploration
- Post-Secondary Education: Difference Between HS & College
- Job Seeking & Development
- Transition Planning

EMPLOYMENT SUPPORT

AHEDD (Carbon/Lehigh) ah	edd.org (570) 622-9711
Burnley Workshop (Stroudsburg)alliedserv	ices.org (570) 992-6616
Carbon County Career Link (Jim Thorpe OVR) carboncareer	link.org (570) 325-2701
Carbon County Workforce Training (Beaver Meadows)	(570) 454-3754
Goodwill, Keystone Area (Allentown) yourgood	<u>dwill.org</u> (610) 904-6070
Keystone Autism Services Vocational Initiativekey	stoneautismservices.org
Lehigh County Career Link (Allentown) careerlinklehighva	alley.org (610) 437-5627
Private Industry Council, Supported Employment (Lehigh Valley)	<u>oiclv.org</u> (610) 829-1244
SPIN	ninc.org (484) 546-6696
SPARC Program (Bethlehem) arcoflehighnorthamp	oton.org (610) 849-8076
The Arc <u>arcoflehighnorthamp</u>	oton.org (610) 849-8076
VIA of the Lehigh Valley (Allentown)	anet.org (610) 628-2326

LICENSED DAY HABILITATION PROGRAMS

Access Services (Lehighton)accessservices.org	(610)	377-5931
Access Services (Allentown)accessservices.org	(484)	656-7282
Person Directed Supports (Whitehall)persondirectedsupports.com	(610)	841-4401
C.A.R.E.S. (Community and Residential Empowerment Services)		
(Allentown, Jim Thorpe, Walnutport)	(570)	225-7360
Community Services Group (CSG) (Schnecksville) csgonline.org	(877)	907-7970
Kaleidoscope Family Solutions (Allentown)kfamilysolutions.org	(267)	295-0320
Neuro Restorative - STEPS Group Program (Allentown) neurorestorative.com	(610)	280-0180
Gaining Respect & Opportunity with Teaching & Hope (Nazareth)	(484)	298-1333
SPINspininc.org	(610)	625-1222
Lifepath (Bethlehem)lifepath.org	(610)	264-5724
SPARC Program (Bethlehem)arcoflehighnorthampton.org	(610)	849-8076
Spectrum Community Services (Allentown) spectrumcommunityservices.org	(484)	460-1931
The LI.F.T. Center (Allentown)	(484)	221-8284



CARBON COUNTY JOB COACHING PROVIDERS

CTC Manufacturing, Inc.

100 Hazle Street Beaver Meadows, PA 18216 Phone: (570) 454-3754 Website: <u>www.ctcmanufacturing.com</u>

Easterseals Eastern PA

1501 Lehigh Street Suite 201 Allentown, PA 18103 Phone: (610) 289-0114 x212 E-Mail: <u>cnelson@esep.org</u> Website: <u>www.easterseals.com/esep</u>

Goodwill, Keystone Area 1901 Lehigh Street Allentown, PA 18103-4790 Cheryl Garr Phone: (610) 904-6070 E-Mail: cgarr@goodwill.org Website: www.yourgoodwill.org

Human Resources Center, Inc. 2301 Service Road Effort, PA 18330 Dawn Daignault

Phone: (570) 872-9956 E-Mail: dawn.daignault@hrcinc.org

SPIN Lehigh

2158 Ave. C Suite 200 Bethlehem, PA 18017 Jen Schaadt Phone: (484) 546-6696 Website: www.spininc.org

Via of the Lehigh Valley

1020 S. Cedar Crest Blvd. Allentown, PA 18103 Alivia Sinko Phone: (610) 628-2326 E-Mail: <u>a.sinko@vianet.org</u> Website: <u>www.vianet.org</u>

LEHIGH COUNTY JOB COACHING PROVIDERS

The Burnley Workshop

4219 Manor Drive Stroudsburg, PA 18360 Serving: Monroe County - Slate Belt only Northampton County Phone: (570) 992-6616

Easterseals Eastern PA

1501 Lehigh Street Suite 201 Allentown, PA 18103 Phone: (610) 289-0114 x212 E-Mail: <u>cnelson@esep.org</u> Website: <u>www.easterseals.com/esep</u>

Goodwill, Keystone Area

1901 Lehigh Street Allentown, PA 18103 Phone: (610) 904-6070 Email: <u>cgarr@goodwill.org</u>

Goodwill Industries of NE PA 925 Prospect Avenue Scranton, PA 18505 Phone: (570) 343-1166

Lehigh Valley Center for Independent Living (LVCIL) Career Path 713 N. 13th Street Allentown, PA 18102 Phone: (610) 770-9781 x155

Private Industry Council of Lehigh Valley, Inc.

72 N. 2nd Street Easton, PA 18042 Phone: (610) 829-1244

SPIN Lehigh

2158 Avenue C, Suite 200 Bethlehem, PA 18017 Jen Schaadt Phone: (484) 546-6696 Website: www.spininc.org

Specialty Services: Autism Spectrum and Intellectual/Developmental Disabilities

Via of the Lehigh Valley

1020 S. Cedar Crest Blvd. Allentown, PA 18103 Alivia Sinko Phone: (610) 628-2326 E-Mail: <u>a.sinko@vianet.org</u> Website: <u>www.vianet.org</u>

COMMUNITY LIVING SUPPORT

Access Services (Allentown, Bethlehem, Lehighton, Tamaqua)...... accessservices.org (877) 896-6667 Anthracite Region Center for Independent Living (ARCIL) (Hazelton)anthracitecil.org (570) 455-9800 Beacon Specialized Living (Allentown)beaconspecialized.org (484) 246-3350 C.A.R.E.S. (Community and Residential Empowerment Services) (Allentown, Jim Thorpe, Tamaqua, Walnutport)cares4u.org (570) 225-7360 Club House of the Lehigh Valley: Adult Support Services for Individuals in need of Mental Health Supportclubhouseoflehighcounty.org (610) 433-9910 Community Services Group (CSG) (Bethlehem, Schnecksville)... csgonline.org (610) 866-7600 Good Shepherd at Conrad W. Raker Center Greater LV Visiting Nurse Association (Allentown)......npino.com (610) 395-2500 Human Resources Centers, Inc., (HRC) (Effort, Honesdale).....hrcinc.org (570) 253-3782 Lehigh County Housing Authority...... lehighcountyha.org (610) 965-4514 Lehigh Valley Center for Independent Living (LVCIL) (Allentown)......lvcil.org (610) 770-9781 Liberty Resources (Allentown)...... liberty resources.org Lifepath (Bethlehem).....lifepath.org (610) 264-5724 Life Center (Allentown) theliftcenter.net (484) 221-8284 Spectrum Community Services Inc. (Allentown) spectrumcommunityservices.org (484) 893-5050 Step by Step (Bethlehem)...... stepbystepusa.com (610) 867-0688 The Arc (Lehigh/Northampton)arcoflehighnorthampton.org (610) 849-8076 TRANSPORTATION

Carbon County Community Transit	<u>carbontransit.com</u>	(888) 253-8333
Easton Coach Company	<u>eastoncoach.com</u>	(570) 669-6380
Lehigh & Northampton Transportation Authority		(888) 253-8333
Lyft		<u>lyft.com</u>
Uber	<u>uber.com</u>	(610) 432-3200

ADDITIONAL RESOURCES

Anthr	acite Region Center for Independent Living (ARCIL) (570) 455-9800 x23/(800) 777-9906
Bayac	a Home Health Care (Lehigh County)
Bayad	a Home Health Care (Carbon County)
Keyst	one Human Services (AVAIL)
Lehigl	Valley Career Link
Lehigl	Valley Center for Independent Living (LVCIL) <u>lvcil.org</u> (610) 770-9781
Menta	al Health/Intellectual Disabilities Developmental Programs (ID/DP)
OVR:	PA Dept of Labor and Industry <u>dli.pa.gov</u>
PA Ca	reerLink Carbon County
PA Ca	reer GuideGoogle - PA Career Guide
PA Ca	reer Link <u>pacareerlink.state.pa.us</u>
PA De	partment of D&A Programs - Treatment Hotline 24-7
PA Ea	stern Pennsylvania 2-1-1
Pr	EE service for <u>Lehigh Valley residents</u> . Available Monday - Friday, 7:00 a.m 6:30 p.m. oviding information on a broad range of services, including basic needs, health care, uth programs, counseling, food banks, housing, aging services and much more!
PA EL	KS Home Service Program
PA No	rtheastern Pennsylvania 2-1-1pa211east.org (888) 829-1341 / (570) 829-1341 / 2-1-1
ce 18 cri pr	e Help Line is an information and referral service and first response point for crisis calls in rtain <u>Carbon County</u> area codes (Albrightsville: 18210, Palmerton: 18071 & Weatherly: 255). It operates 24 hours a day, 365 days a year, staffed and acts as the after-hours sis service for twenty-one different organizations. It is the central access point for oblems and issues regarding: Mental Health, Child Abuse/Neglect Reports, Drug and cohol, Runaway, Energy Assistance, Homeless Services and Victim services.
PA Re	spite Programsarchrespite.org
Paren	t Education Network
Paren	t to Parent of Pennsylvania
	nnecting families of adults and children with disabilities and special needs throughout eir journey. Our services are free and confidential.
Peal C	enter (Parent Education & Advocacy Leadership Center) <u>pealcenter.org</u>
Red C	ross of the Greater Lehigh Valley redcrosslv.org (610) 252-4357
Social	Security Administration
Warm	line <u>pbfalv.org</u> (610) 820-8451
he	Support service for adults who are challenged by loneliness, confusion and other mental alth concerns, or who need information about available services. Accepting calls 6:00 n 10:00 a.m. and 2:00 p.m 2:00 a.m., 7 days a week. <u>(Lehigh County residents only!)</u>

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Dr. Gregory Koons Executive Director

Kimberly Talipan Assistant to the Executive Director



Carbon Lehigh Intermediate Unit #21

4210 Independence Drive Schnecksville, PA 18078 (610) 769-4111 cliu.org

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